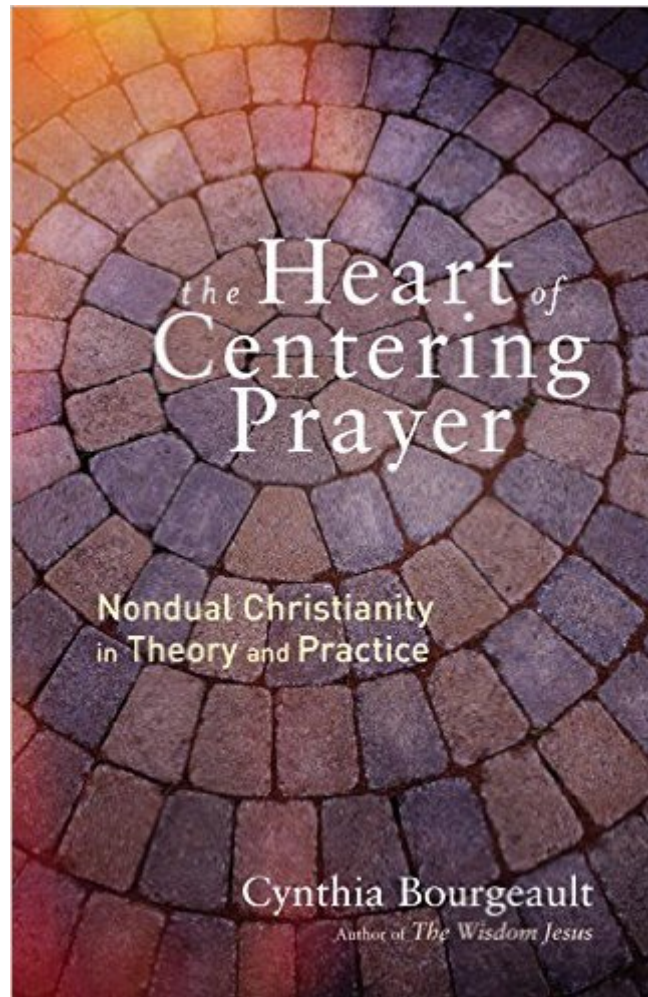


The book was found

The Heart Of Centering Prayer: Nondual Christianity In Theory And Practice



Synopsis

Perceiving nondual awareness through the Christian contemplative method called Centering Prayer--an in-depth introduction to theory and practice by the best-selling authorÂ The Wisdom of JesusÂ andÂ The Meaning of Mary Magdalene. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it a Christianized form of other meditation methods. Cynthia Bourgeault here cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative tradition. Â She provides a practical, complete course in the practice and then goes deeper to analyze what actually happens in Centering Prayer:Â the mind effectively switches to a new operating system that makes possible the perception of nonduality. Â With this understanding in place, she then takes us on a journey through one of the sources of the practice, the Christian contemplative classic The Cloud of Unknowing, revealing it to be among the earliest Christian explorations of the phenomenology of consciousness. Cynthia Bourgeaultâ™s illumination of the Centering Prayer path provides compelling evidence of how important the practice has become in the half-century since it first arose among American Trappist monks, and of its maturation and refinement over the ensuing years of sincere study and practice. It will resonate with beginners on the Centering Prayer path as well as with seasoned practitioners.

Book Information

Paperback: 256 pages

Publisher: Shambhala (December 27, 2016)

Language: English

ISBN-10: 1611803144

ISBN-13: 978-1611803143

Product Dimensions: 5.5 x 0.7 x 8.5 inches

Shipping Weight: 13 ounces (View shipping rates and policies)

Best Sellers Rank: #13,714 in Books (See Top 100 in Books) #9 inÂ Books > Christian Books & Bibles > Theology > Mysticism #12 inÂ Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Mysticism #18 inÂ Books > Religion & Spirituality > Worship & Devotion > Meditations

[Download to continue reading...](#)

The Heart of Centering Prayer: Nondual Christianity in Theory and Practice The Complete Works of E. M. Bounds: Power Through Prayer, Prayer and Praying Men, The Essentials of Prayer, The

Necessity of Prayer, The Possibilities ... Purpose in Prayer, The Weapon of Prayer BOOKS: HOW TO PRAY WITH FAITH AND GET YOUR ANSWERS IMMEDIATELY:: FAITH FOR ANSWERED PRAYER :PRAYER PATTERN FOR CHANGING SITUATIONS: FINANCIAL MIRACLE PRAYER: PRAYER OF ABUNDANCE: PRAYER OF HEALING: Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Wisdom of the Body Moving: An Introduction to Body-Mind Centering In God's Image: The Metaculture of Fijian Christianity (The Anthropology of Christianity) The Story of Christianity, Volume 1: The Early Church to the Dawn of the Reformation (Story of Christianity) Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) A Bead and a Prayer: A Beginner's Guide to Protestant Prayer Beads Prayer: The Beginner's Guide to Prayer: How to Connect and Communicate with God Powerful Prayers in the War Room: Learning to Pray like a Powerful Prayer Warrior (Battle Plan for Prayer Book 1) Powerful Prayers in the War Room: Learning to Pray like a Powerful Prayer Warrior (Spiritual Battle Plan for Prayer) (Volume 1) Prayer: The +77 Most Powerful Evening Prayers to End Your Day Inspired (Christian Prayer Series Book 2) The Illuminated Prayer: The Five-Times Prayer of the Sufis Contesting the Subject: Essays in the Postmodern Theory and Practice of Biographical Criticism (The Theory and Practice of Biography a) The Heart of Christianity: Rediscovering a Life of Faith The South Beach Heart Health Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and Strokes (The South Beach Diet) The Cardiac Recovery Cookbook: Heart Healthy Recipes for Life After Heart Attack or Heart Surgery Surgery Open Heart: A Surgical Nurse Guides You Through Open Heart Surgery (Open Heart Surgery, Aortic Valve / Mitral Valve Replacement, Coronary Artery Bypass, Aortic Aneurysm, Myxoma) Prayer of the Heart in Christian and Sufi Mysticism

[Dmca](#)